

Table 1. Summary of the data sources and variables used in the study.		Data Source		Variable		Description	
Demographic variables	Age	Continuous	Age	Age	Age	Age	Age
	Gender	Categorical	Gender	Gender	Gender	Gender	Gender
	Ethnicity	Categorical	Ethnicity	Ethnicity	Ethnicity	Ethnicity	Ethnicity
	Marital status	Categorical	Marital status	Marital status	Marital status	Marital status	Marital status
	Education level	Categorical	Education level	Education level	Education level	Education level	Education level
	Income level	Categorical	Income level	Income level	Income level	Income level	Income level
	Religion	Categorical	Religion	Religion	Religion	Religion	Religion
	Occupation	Categorical	Occupation	Occupation	Occupation	Occupation	Occupation
	Health status	Categorical	Health status	Health status	Health status	Health status	Health status
	Life expectancy	Continuous	Life expectancy	Life expectancy	Life expectancy	Life expectancy	Life expectancy
Psychological variables	Depression	Continuous	Depression	Depression	Depression	Depression	Depression
	Anxiety	Continuous	Anxiety	Anxiety	Anxiety	Anxiety	Anxiety
	Stress	Continuous	Stress	Stress	Stress	Stress	Stress
	Self-esteem	Continuous	Self-esteem	Self-esteem	Self-esteem	Self-esteem	Self-esteem
	Life satisfaction	Continuous	Life satisfaction	Life satisfaction	Life satisfaction	Life satisfaction	Life satisfaction
	Optimism	Continuous	Optimism	Optimism	Optimism	Optimism	Optimism
	Resilience	Continuous	Resilience	Resilience	Resilience	Resilience	Resilience
	Emotional stability	Continuous	Emotional stability	Emotional stability	Emotional stability	Emotional stability	Emotional stability
	Psychological well-being	Continuous	Psychological well-being	Psychological well-being	Psychological well-being	Psychological well-being	Psychological well-being
	Quality of life	Continuous	Quality of life	Quality of life	Quality of life	Quality of life	Quality of life
Social variables	Social support	Continuous	Social support	Social support	Social support	Social support	Social support
	Loneliness	Continuous	Loneliness	Loneliness	Loneliness	Loneliness	Loneliness
	Isolation	Continuous	Isolation	Isolation	Isolation	Isolation	Isolation
	Community involvement	Continuous	Community involvement	Community involvement	Community involvement	Community involvement	Community involvement
	Volunteering	Continuous	Volunteering	Volunteering	Volunteering	Volunteering	Volunteering
	Participation in social activities	Continuous	Participation in social activities	Participation in social activities	Participation in social activities	Participation in social activities	Participation in social activities
	Relationship quality	Continuous	Relationship quality	Relationship quality	Relationship quality	Relationship quality	Relationship quality
	Family cohesion	Continuous	Family cohesion	Family cohesion	Family cohesion	Family cohesion	Family cohesion
	Interpersonal trust	Continuous	Interpersonal trust	Interpersonal trust	Interpersonal trust	Interpersonal trust	Interpersonal trust
	Perceived social support	Continuous	Perceived social support	Perceived social support	Perceived social support	Perceived social support	Perceived social support
Health variables	Physical health	Continuous	Physical health	Physical health	Physical health	Physical health	Physical health
	Mental health	Continuous	Mental health	Mental health	Mental health	Mental health	Mental health
	Chronic diseases	Categorical	Chronic diseases	Chronic diseases	Chronic diseases	Chronic diseases	Chronic diseases
	Medication use	Categorical	Medication use	Medication use	Medication use	Medication use	Medication use
	Healthcare utilization	Categorical	Healthcare utilization	Healthcare utilization	Healthcare utilization	Healthcare utilization	Healthcare utilization
	Health insurance status	Categorical	Health insurance status	Health insurance status	Health insurance status	Health insurance status	Health insurance status
	Health literacy	Categorical	Health literacy	Health literacy	Health literacy	Health literacy	Health literacy
	Health beliefs	Categorical	Health beliefs	Health beliefs	Health beliefs	Health beliefs	Health beliefs
	Health behaviors	Categorical	Health behaviors	Health behaviors	Health behaviors	Health behaviors	Health behaviors
	Health outcomes	Categorical	Health outcomes	Health outcomes	Health outcomes	Health outcomes	Health outcomes